



WHAT IS THE SUNFLOWER CHALLENGE ?

The Sunflower Challenge is a twelve week challenge that will get you growing a sunflower from seed. You will pick up top gardening tips from TV gardener Danny Clarke in special sunflower challenge videos to make sure your sunflowers grow strong, pest free and bloom brilliantly. Learning to grow a sunflower will boost your wellbeing and we'll also share local gardening communities with you so you can continue your gardening endeavours beyond sunflowers.

What to expect from the Sunflower Challenge?

1. Sign up to the challenge as a team or a solo grower using the form above and **for a chance** to get free seeds.
2. **Keep an eye on your inbox** for the wellbeing check in to kick things off and for when we announce the successful sunflower seed kit recipients
3. **Get your sunflower** kit in the post - or join us digitally!
4. **Follow Danny Clarke's weekly tips** for growing the perfect sunflower.
5. Keep us posted on your progress and **connect with other gardeners!**
- 6.



Exclusive videos with
TV Gardener Danny Clarke

TO SIGN UP GO TO: <https://www.togethertv.com/together-tv-sunflower-challenge-2023-toolkit>

or search Together TV on Facebook